# PROFESSIONAL CREENTIAL SERVICES, INC.

Arizona

# **Barbering and Cosmetology Board**

# Instructor

# **Candidate Handbook**

Examination Content/CIBs Developed and Owned<sup>©</sup> by: National-Interstate Council of State Boards of Cosmetology ("NIC")

Revised 08/2023

**Professional Credential Services, Inc.** 

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# **Quick Reference**

### **STEP ONE: READ CANDIDATE HANDBOOK**

• Register for Examinations with PCS

#### **STEP TWO: TAKE EXAMINATIONS**

- Upon approval, schedule and take Theory Examinations with IQT
- Upon approval, take Practical Examination on date scheduled with PCS

#### STEP THREE: Apply for Licensure with the Arizona State Board

• Once you pass your examinations, apply for your license.

### **Contact Information**

#### **Professional Credential Services (PCS)**

Email: <u>cosandbar@pcshq.com</u> Website: <u>http://www.pcshq.com</u> Customer Service: (888) 822-3272

#### **Arizona Barbering and Cosmetology Board**

Regular Mailing Address 1740 W Adams Suite #4400 Phoenix, Arizona 85007 Telephone: (480) 784-4539 ext. 240 Website: <u>www.bcb.az.gov</u> Email: azboard@azboc.gov

#### **Theory Examination Scheduling**

Iso-Quality (IQT), owned and operated by Prometric www.IQTTesting.com Toll-Free Telephone Support: (866) 773-1114 or Email: <u>SMT-OperationsTeam@prometric.com</u>

### **Application Process**

Candidate reviews license and examination requirements in Candidate Handbook available at <u>http://www.pcshq.com</u>

Candidate completes an online registration with PCS at <u>http://www.pcshq.com</u>

PCS reviews completed registration and approves candidate for the practical and theory examinations.

PCS emails candidate Theory Authorization to Test Letter (ATT) PCS schedules and emails an Admission Notice for the Practical Examination

Candidate takes the examinations

PCS emails score notices to candidates within 10 business days after the exam.

PCS electronically notifies Arizona State Board Office when candidates has met the examination requirements for licensing.

Candidate applies for licensure with the Arizona Barbering and Cosmetology Board at http://www.bcb.az.gov

Arizona State Board issues license to candidate

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# Introduction

The *Candidate Handbook* is intended to help you to prepare and to understand the processes and procedures for applying for Licensure and for scheduling your examination(s). The Arizona Barbering and Cosmetology Board (the "Board") is responsible for licensing and regulating the profession of Instructor in the State of Arizona. The Board has contracted with Professional Credential Services ("PCS") to provide administrative examination services. The Board, through PCS, will exclusively use the National-Interstate Council of State Boards of Cosmetology ("NIC") examinations. The State Board will have the final authority to approve the issuance of a license.

# **State Licensure Requirements**

Eligibility Requirements for Licensure (Apply with the state after passing all required examinations)

Submits to the board an application for an instructor license on a form prescribed by the board.
 Either:

(a) Holds a diploma from a high school or its equivalent as prescribed by the board in its rules and submits to the board satisfactory evidence that the person is at least sixteen years of age.

(b) Submits to the board satisfactory evidence that the person is at least eighteen years of age.3. Is a licensed cosmetologist, aesthetician, nail technician or hairstylist, is applying for an instructor license to teach a subject in which the person is licensed and has practiced for at least one year in the profession for which the person is applying for an instructor license and has received the following hours of instructor training:

(a) For a cosmetologist instructor, three hundred fifty hours.

- (b) For an aesthetics instructor, three hundred fifty hours.
- (c) For a nail technician instructor, three hundred fifty hours.
- (d) For a hairstylist instructor, three hundred fifty hours.
- 4. Passes the examination for an instructor license.
- 5. Pays the prescribed fees.

### Reinstatement

If you wish to reinstate your expired Arizona license, please contact the Arizona State Board office at (602) 542-4498 or visit <u>www.bcb.az.gov</u>.

### **Examination Fees**

Examination Type	First Time Fees	Re-Exam Fees
Instructor Theory & Practical	\$ 177.00	\$ 177.00
Instructor Theory	\$ 100.00	\$ 100.00
Instructor Practical	\$ 77.00	\$ 77.00

Fees may be paid online with a credit card (Master Card, Visa, or Discover). Your registration **will** not be considered complete until payment has been received.

! You must take the examinations within one calendar year of your registration date with PCS, or the examination fees are no longer valid.

### **Refund Policy**

Please carefully review this handbook and your state laws, rules, and regulations prior to making payment. All fees are non-refundable.

! Candidates are especially encouraged to carefully review licensing requirements PRIOR to completing an online registration with PCS. <u>If testing is not required fees are non-refundable.</u>

### **Special Accommodations**

If you require special accommodations under the Americans with Disabilities Act, you must submit an ADA Request Form along with supporting medical documentation. This form will be made available when filling out the online application.

### **PCS Account Set-Up**

Before you are able to complete an online registration with PCS, you must first become a registered user within the website. To do so, please follow the steps below.

- 1. Go to www.pcshq.com
- 2. Click Applicants & Candidates
- 3. Click Cosmetology & Barbering
- 4. Click Arizona
- 5. Click Create an Account (First Time)
- 6. Creating a PCS Account (first time users only); enter valid, unique email address, your first and last name, date of birth, and Social Security number.
- 7. Click Create Account
- 8. Check your email account for a PCS system generated email.
- 9. Click link in email to verify account information and create PCS password.
- 10. Click Enable Account

**! A unique email address must be provided to create a PCS Account** (i.e., more than one user cannot provide the same email address).



# **PCS Registration**

Once you have created your PCS account, you are then ready to complete the online application. To do so, please follow the steps below.

- 1. Go to <u>http://www.pcshq.com</u>
- 2. Click Client Portal
- 3. Enter email address and password
- 4. Click Log In
- 5. Click the PCS Logo to return to the Homepage



- 6. Click Applicants & Candidates
- 7. Click Cosmetology & Barbering
- 8. Select Arizona
- 9. Click the Pre-register and pay for your Exams (after you logged in) link at Step 3
- 10. You are now in the online application; select appropriate license type (i.e., Cosmetology).
- 11. Continue with online application until all required fields have been completed.
- 12. Choose the examinations you wish to take.
- 13. Select Payment Option.

**! You must complete the online application using your legal name** – the name which appears on your current government issued photo identification (i.e., Driver's License).

Active Applications.	Active Applications.			
Arizona				
	ering, Instruc	tor Aesthetician by Examination		
Valor Act: Most recent application	- 01/05/2022			
wost recent application	1. 01/05/2023		1	
		Cosmetology		
	2	Registration		
		Upload 2x2 inch Passport Style Photo		
		Upload Copy of Government Issued I.D.		
		Final Coordinator Review		
	<u> </u>	Exams Completed		
Pending Examination	Pending Examinations			
Arizona Instructor Aest	Arizona Instructor Aesthetician Theory			
Status Pending				
WAITING FOR APPLICATION APPROVAL				
Arizona Instructor Aesthetician Practical				
Exam Date: TBD Testing at: ARCHIVE				
WAITING FOR APPLICATION APPROVAL				

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# **PCS Candidate Homepage**

# Logging into your Homepage

- 1. Go to <u>http://www.pcshq.com</u>
- 2. Click Client Portal
- 3. Enter email address and password
- 4. Click Log In

	CREDENTIAL
	Log into your account
E-Mail Address Password	
"If you have forgotten your pas your password, <u>Click Here.</u>	aword or you have received an email from PCS instructing you to creat

# **Registration Status**

You may check the status of your online registration 24/7 by logging into your PCS account. As items are received, green checkmarks will appear under the registration.

Active Applications.				
Arizona				
	ering, Instruc	tor Aesthetician by Examination		
Valor Act: Most recent application: 01/05/2023				
incorrection application		Cosmetology		
	2	Registration		
		Upload 2x2 inch Passport Style Photo		
		Upload Copy of Government Issued I.D.		
		Final Coordinator Review		
	<u> </u>	Exams Completed		
Pending Examination	Pending Examinations			
Arizona Instructor Aesthetician Theory				
Status Pending				
WAITING FOR APPLICATION APPROVAL				
Arizona Instructor Aesthetician Practical Exam Date: TBD				
Testing at: ARCHIVE				
WAITING FOR APPLICATION APPROVAL				

# **Registration Approval Process**

Once an online registration has been completed, PCS will review and forward a notification to IQT regarding your theory examination. PCS will then assign you to the first available practical examination (date based on approval date and seating availability).

### **Exam Notification**

Once you have been approved, PCS will forward the following notifications via email.

- 1. A Theory Authorization to Test (ATT) letter will be sent via email within one business day.
- 2. A Practical Notification providing you with the date of your assigned exam
- 3. Practical Examination Topic
- 4. A Practical Admission Notice confirming your assigned date, time, and location will be sent via email 10 business days prior to your examination date.

! If you do not receive any emails within the time frame listed above, it is **your responsibility** to check your PCS account and reprint this information. If you are unable to access your account, it is **your responsibility** to contact PCS at (888) 822-3272.

### How do I know if my registration is approved?

If a registration has been approved, a green check will appear in the Final Review Box under Active Applications.

Active Applications.			
Arizona Cosmetology, Cosmetolog Valor Act: Most recent application: 11		tion	
	$\bigcirc$	Cosmetology	
		Exams Completed	
		All Exams Passed	
		License Ready	
	TION FORM		
Pending Examinations	r		
Arizona Cosmetology Theo Status Pending In Review	bry		
Arizona Cosmetology Prac Exam Date: TBD Testing at: ARCHIVE In Review	tical		

# **Examination Scheduling**

# **Theory Examination Scheduling**

Once you have received your ATT letter(s), you must contact Iso-Quality (IQT), owned, and operated by Prometric, to schedule your written practical and theory appointment(s). Upon receipt of your ATT Letter, you must follow the specific directions listed on the ATT to take the examination(s). Log in to the website at <u>www.IQTTesting.com</u>. Select **SCHEDULE** and follow the prompts given for each screen. You can also contact Toll-Free Telephone Support at **(866) 773-1114** or email at <u>SMT-OperationsTeam@prometric.com</u>.

### **Practical Examination Scheduling**

Once you have been approved, you will automatically be scheduled for the first available practical examination date. You <u>must</u> be prepared to take the first available practical examination. You will be notified via e-mail of your practical examination date. If you are unable to take your practical examination on the date you are assigned, a rescheduling fee will be required.

### **Reprinting Documents**

You may reprint information concerning your examinations, payment receipts, and/or scores by logging into your Homepage

Example:

- Click the Print Score Notice option next to the item you wish to reprint.
- Click the **ATT Letter** option next to the item you wish to reprint

Exam Results	
Arizona Nail Technician Theory Test Date: 06/28/2021 PASS	
PRINT SCORE NOTICE	
Arizona Nail Technician Practical Test Date: 10/26/2021 PASS	
PRINT SCORE NOTICE	

• Click the **Reprint** option next to the item you wish to print.

Receipts	
Arizona Board of Cosmetology	
05/20/2021 Credit Card \$177.00	
Paid 05/20/2021	
REPRINT	

# **Examination Rescheduling**

### **Theory Rescheduling Policy**

You may reschedule your theory examination without forfeiting your fee by contacting IQT at least 6 business days prior to your scheduled date. Fees will be forfeited if you attempt to reschedule in six or less days prior to your scheduled examination. Please call 866-773-1114 to cancel or reschedule your examination. If you cancel your exam the fees will be forfeited.

### **Practical Rescheduling Policy**

Rescheduling for the practical examination is not permitted without a re-exam fee unless you are hospitalized or involved in a traffic accident on the way to the test center which prevents you from arriving on time. In these cases, your request will be considered when you upload documentation onto your homepage.

If you fail your written practical and/or theory exam and wish to reschedule, please wait until you have received your Official Score Notice from PCS by email before paying the rescheduling fee. Please allow at least 10 business days.

If you have missed, canceled, or failed an examination, you may reschedule online with a credit card by logging into your Homepage.

- To reschedule your practical examination, click **Practical** under the Active Applications box.
- To reschedule your theory examination, click Theory under the Active Applications box.

### **! DO NOT SELECT REGISTRATION FROM YOUR SHOPPING CART**



If you have paid to reschedule your exam and have not received an email notification from PCS within 5 business days of submission, please contact PCS immediately at <u>cosandbar@pcshq.com</u>.

### **Inclement Weather Policy**

In the event of inclement weather or similar emergency, a scheduled examination may be canceled or delayed. However, this decision is made only in rare instances and at the discretion of IQT. If a test center is open for testing, and you choose not to appear for your scheduled examination, your fee will be forfeited. You will have to reschedule your appointment and resubmit the appropriate fee to PCS. If you have reason to question whether a center will be closed due to an emergency, please call IQT for inquiries regarding the written practical and theory examinations.

# **Examination Day Requirements**

### What do I need to take with me to the examination?

- Admission Notice (practical)
- A current 2" x 2" passport type color photo (selfies are not accepted) (practical)
- Two (2) forms of identification one form must be a government issued photo ID (see below)
- Examination Supplies (if taking practical examination see NIC Content Outline page)

! If you fail to bring these items, you will not be permitted to test, and a rescheduling fee will be required.

### **Acceptable Forms of Identification**

Both forms of identification must be listed under the name in which you applied. <u>Photocopies will not be</u> <u>accepted</u>

Primary ID (current, non-expired Government-issued ID)

• State issued Driver's License

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- State issued Identification Card
- US Government issued Passport
- US Government issued Military Identification Card
- US Government issued Alien Registration Card

### Secondary ID (signature, non-expired)

- Credit Card or Debit (ATM) Card
- Social Security Card
- US issued Birth Certificate
- An alternate form of Primary ID (i.e., if you have a Driver's License, you can bring your US Passport as a Secondary ID)

! Student ID and employment ID are NOT acceptable forms of Identification.

! If you fail to bring proper identification or your names do not match, you will not be permitted to test, and a rescheduling fee will be required.

### Arrival

! You must arrive at the test center at least forty-five (45) minutes prior to your examination for registration. Registration will close 15 minutes before the exam start time listed on you Admission Notice. If you arrive after registration has closed, you will not be permitted to test, and a rescheduling fee will be required.

### **General Examination Policies**

### **Security Policy**

Suspected security breaches during the theory or written practical test administrations, such as an act of impersonation, creating a disturbance, giving, or receiving unauthorized information or aiding other candidates, attempting to remove test information by any means, possessing prohibited materials may be sufficient cause to dismiss you from the examination site or to invalidate or cancel your scores. Suspected breaches may be identified by observation or suspicion by the test center staff or may be evidenced by subsequent statistical analysis of examination materials. PCS reserves the right to investigate each incident of misconduct and will report such incidents directly to the Board. The Board will make all final decisions on examination score invalidations or cancellations. No visitors, guests or children are allowed in the test center.

### **Copyrighted Examination Questions**

All test questions are the express copyrighted property of NIC. It is forbidden under federal copyright law to copy, reproduce, record, distribute or display these test questions by any means, in whole or in part. Doing so may subject you to severe civil and criminal penalties, including prison incarceration and/or fined up to \$250,000 for criminal violations.

### **Prohibited Items**

No food, beverages, purses, notebooks, magazines, backpacks, briefcases, hats, caps, reference books, or electronic devices such as cameras, computers or computerized devices, iPods, radios, recording devices,

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portable fax machines, cellular telephones, calculators, watches, reproduction equipment, smoking or the use of tobacco are strictly prohibited in the examination room. Failure to comply with any of these conditions will result in you being dismissed immediately and your actions reported to the proper authorities. PCS is not responsible for **any** personal items brought to the examination site.

#### **Environmental Distracters**

Although every attempt is made to provide a quiet and comfortable test environment, noise and room temperature may be an unforeseen and unavoidable distracter. It is suggested that you wear the type of clothing that would allow you to adapt to a cooler or warmer climate at the testing site.

# **Examination Results**

#### **Score Notices**

An unofficial pass or fail notice will be provided to you by IQT after you take the theory examination. An official score notice will be emailed to you at least 10 business days after your examination date. If you do not receive an email within this time frame, you may print a score notice by logging into your PCS account.

#### **State Score Requirements**

The minimum score required to pass both the theory and practical examination is 75. If you fail an examination, PCS will provide a strength and weakness report (located at the bottom of the score notice) and information on how to re-apply online.

Once all required examinations have been passed, PCS will electronically notify the Arizona Board office of your status.

You must apply with the Arizona State Board for your license. When the state receives your passing scores, you will be issued a license if you meet the requirements on page 5.

### **Change of Information**

If you need to update your information on your account (i.e., name corrections, date of birth, Social Security number), please upload supporting documentation to your account. You must provide a copy of your marriage certificate, divorce decree or other court documentation confirming your name change.

- Driver's License (Change address, Date of Birth)
- Social Security Card (Change SS#)
- Birth Certificate (Change Date of Birth)

# **Formal Complaints**

If you have a complaint regarding any aspect of the registration and examination process, examinations must be emailed to PCS within 48 hours of the incident. The written complaint must include the following information:

- First and Last Name
- Last four digits of Social Security Number
- State in which you are applying for a license
- Examination Date & Location if applicable

Send Complaint to:

• Professional Credential Services Inc. - cosandbar@pcshq.com

### **Complaint Review Process**

Upon receipt of your complaint, PCS will confirm receipt within 48 hours. After a thorough review, a reply will be sent to you within 15-20 business days.

# **Practical Examination Guidelines**

The Arizona Board of Barbering and Cosmetology requires you to be examined on the following services on the practical examination:

### **Core Domain Services**

- Lesson Plan
- Theory Lecture
- Demonstration

You must bring a set of lesson plans for yourself, the proctor, and the examiner.

- Three (3) copies of the Lecture Lesson Plan
- Three (3) copies of the Demonstration Lesson Plan
- You will keep one (1) copy and one (1) copy will be provided to the proctor and one (1) copy to the examiner.

Mannequins: A mannequin is required for all services. Please see *Practical Examination Supplies* 

**Aerosol Products:** You are not permitted to use aerosol products at any time during the examination.

**Kit Size:** Recommended kit size is no larger than 30" x 30". For safety reasons, all kits must fit completely under the table areas.

#### **Dress Code**

The Arizona Board of Barbering and Cosmetology requires all candidates to dress professionally, as you would when you are working in a shop. Lab coats, smocks, or medical scrubs (top and bottom scrub) must be worn at state examinations. **NO APRONS ALLOWED**. You are not allowed to have your name, your school's name, or a shop name on your professional attire or kit. Candidates who fail to adhere to this dress code will not be admitted into the examination room (Reschedule fee required).

Please see the attached NIC Candidate Information Bulletin for details on what you will be tested on for both your theory and practical examinations, a checklist of items that will be needed for your practical examination, and references used for both examinations.

Best wishes on passing your examinations and a successful career in your chosen profession!



# NATIONAL INSTRUCTOR THEORY EXAMINATION

# CANDIDATE INFORMATION BULLETIN (CIB)

# EXAMINATION CONTENT AND IMPORTANT INSTRUCTIONS

# Please visit your examination provider's website for the most current bulletin prior to testing.

The National Instructor Theory Examination is the licensure examination for Instructors, which is developed by the National-Interstate Council of State Boards of Cosmetology (NIC). This bulletin contains IMPORTANT INFORMATION regarding the examination, including content outline covered by the theory examination, sample questions and answers. The time allowed for the Instructor Theory Examination is 90 minutes.

For each NIC National Theory Examination, there are TWO (2) parts to every Candidate Information Bulletin (CIB) stored as separate documents:

- *Examination Content* and *Important Instructions* This document provides information about the scope of content covered in the Theory examination, as well as information and guidelines related to administration of the Theory examination.
- *References* This document provides a list of references used to develop and support the content covered in the examination. <u>The references are always the same for the Theory and Practical examinations.</u>

# BE CERTAIN TO DOWNLOAD AND/OR PRINT, AND REVIEW BOTH DOCUMENTS THAT MAKE UP THE NIC EXAMINATION CIB.

# PLEASE REVIEW ALL INFORMATION CAREFULLY!

# **IMPORTANT INSTRUCTIONS**

• Do not leave the examination area without permission. Permission must be obtained to leave the examination area for any reason, including restroom usage or at the completion of the examination. <u>Picture ID is required for re-entry into the examination</u>.

• With the exception of verbal instructions, the proctors and examination administration personnel are not allowed to communicate with candidates.

- If you have an emergency situation please notify the proctor.
- The following provides examples of materials and actions that are prohibited during the examination administration:
  - Possession of cellular phones, watches (of any kind), pagers, tablets, computers, projectors, cameras, or any other electronic or recording devices, printed materials, or handwritten notes.
  - Communicating to other candidates.
  - Exhibiting disruptive behavior.
    - The above referenced items or actions are not an exhaustive list. Failure to comply with any of these conditions or exhibiting ANY behavior that suggests an effort to cheat will result in your immediate dismissal from the examination and your actions reported to the proper authorities.

# INSTRUCTOR THEORY EXAMINATION CONTENT OUTLINE

The following outlines the scope of content covered by the NIC National Instructor Theory Examination. The percentages represent the percentage of items from each domain. The examination is comprised of 85 items, 75 of which are weighted and contribute to the candidate's final score.

# DOMAIN 1: INSTRUCTIONAL PLANNING (33%)

1A. Instructional Planning - Manage the curriculum delivery process

- 1. Syllabus
- 2. Course Outline
- 3. Development of lesson plans
- 4. Delivery of course content
- 5. Instructional outcomes
- 6. Performance assessment

# 1B. Instructional Planning - Identify student learning styles and needs

- 1. Learning types
- 2. Instruction adaptations
- 1C. Instructional Planning Utilize instructional materials
  - 1. Printed
  - 2. Audiovisual
  - 3. Demonstration
  - 4. Technology

# 1D. Instructional Planning - Determine application of assessment

- 1. Written
- 2. Practical
- 3. Oral

# **Domain 2: INSTRUCTIONAL METHODS (33%)**

- 2A. Instructional Methods Employ methods of instruction
  - 1. Lecture
  - 2. Demonstration
  - 3. Group learning
- 2B. Instructional Methods Recognize obstacles to learning
  - 1. Obstacle identification
  - 2. Instructional practice adaptations
- 2C. Instructional Methods Employ communication skills
  - 1. Verbal
    - 2. Non-verbal
    - 3. Listening
- 2D. Instructional Methods Demonstrate time management techniques
- 2E. Instructional Methods Assess student learning
  - 1. Assessment implementation
  - 2. Evaluation of results
  - 3. Reliability and validity

# Domain 3: THEORY AND PRACTICAL CLASSROOM (34%)

3A. Theory and Practical Classroom - Manage physical and virtual learning environments

- 1. Organization and layout
- 2. Conditions of the environment
- 3. Instructional practice adaptations
- 4. Inventory and supplies
- 3B. Theory and Practical Classroom Demonstrate instructor professional responsibilities
  - 1. Professional conduct
  - 2. Student academic advising and remediation
  - 3. Administrative responsibilities
  - 4. Self-evaluation and continuing education
- 3C. Theory and Practical Classroom Maintain a safe learning environment
  - 1. Characteristics of a safe learning environment
  - 2. Safety hazards in the learning environment
  - 3. Infection control and prevention procedures

# INSTRUCTOR THEORY EXAMINATION SAMPLE QUESTIONS

The following sample questions are similar to those presented in the NIC Instructor Theory Examination. Each item has four answer options. Only one option is correct or the answer. An answer key is provided following the sample questions. Performance on the sample questions may not represent performance on the NIC examination.

- 1. Which of the following should be recorded in an educator's time utilization log?
  - a. Planned work
  - b. Clocked hours
  - c. Students' grades
  - d. Disciplinary actions

2. To ensure educational content is kept current, the educator would utilize which of the following materials?

- a. Workbook
- b. Dictionary
- c. Reference book
- d. Social network
- 3. Which of the following should be considered with visual integrity?
  - a. Vocabulary
  - b. Introduction
  - c. Gestures
  - d. Emphasis
- 4. When a large group of students is divided for group discussions, an effective arrangement is the
  - a. cluster.
  - b. chevron.
  - c. theatre.
  - d. boardroom.

- 5. An educator informs a student that the electrical cord is sitting in water and needs to be moved. Whose responsibility is it to correct the situation?
  - a. Maintenance
  - b. Instructor
  - c. Administrator
  - d. Student
- 6. Students who benefit the MOST from processing tactile information and movement are
  - a. kinesthetic learners.
  - b. auditory learners.
  - c. visual learners.
  - d. disruptive learners.
- 7. When teaching theory before presenting related practical skills, which of the following can benefit certain learners?
  - a. Theory concepts are always more interesting.
  - b. Practical skills cannot be learned without theory concepts.
  - c. Theory provides the basic concepts.
  - d. Practical skills always take longer to present than theory.
- 8. Which of the following grading methods is used for organizing and interpreting data gathered by observing students' performance?
  - a. Cut score
  - b. Rubric
  - c. Rating scale
  - d. Point grading

KEY: 1: A, 2: D, 3: C, 4: A, 5: B, 6: A, 7: C, 8: B



### NATIONAL <u>INSTRUCTOR</u> PRACTICAL EXAMINATION

### CANDIDATE INFORMATION BULLETIN (CIB)

### EXAMINATION CONTENT AND IMPORTANT ADMINISTRATION INSTRUCTIONS

Please visit your official examination provider website OR <u>www.nictesting.org</u>, for the most current bulletin prior to testing.

# The NIC National Instructor Practical Examination is the licensure examination for Instructors, which is developed by the National-Interstate Council of State Boards of Cosmetology (NIC).

# This bulletin contains IMPORTANT INFORMATION regarding the NIC National Instructor Practical Examination content and administration for Instructor core services and additional sections.

For each NIC National Practical Examination, there are multiple parts to every Candidate Information Bulletin (CIB) stored as separate documents.

- *Important Instructions and Examination Core Domain Content* This contains information and guidelines related to administration of the Practical examination and information about the scope of content covered in the core sections of the Practical examination.
- *References* This is a list of references used to develop and support the content covered in NIC examinations.

The references will always be the same for both Theory and Practical examinations.

# BE CERTAIN TO DOWNLOAD AND/OR PRINT AND REVIEW ALL DOCUMENTS THAT MAKE UP THE NIC EXAMINATION CIB.

# **PLEASE REVIEW ALL INFORMATION CAREFULLY!**

# **IMPORTANT INSTRUCTIONS**

• Do not leave the examination area without permission. Permission must be obtained to leave the examination area for any reason, including restroom usage or at the completion of the examination. <u>Picture ID is required</u> for recentry into the examination

# for re-entry into the examination.

- Candidates are required to bring a supply kit for their own use.
  - It is the candidate's responsibility to make certain they have a sufficient quantity of supplies that have been properly cleaned and disinfected and that implements are in proper working order.
  - The kit will be used during the examination as dry storage and is considered part of the work area. The kit must be kept closed (e.g., completely zipped or lid tightly closed) except when removing materials for a particular service.
  - Candidates may remove items, supplies, etc., from the kit at any time, however nothing may be returned to the kit.
  - All examinations are administered in a testing environment.
  - Candidates are evaluated at all times. Continue working until you have completed the entire section or time has elapsed.
  - <u>EPA registered, disinfectant WIPES that demonstrate bactericidal, fungicidal, and virucidal properties must be</u> <u>used. DISINFECTANT SPRAYS ARE NOT ALLOWED IN THE TESTING ENVIRONMENT.</u>
- Due to standardization of the NIC National Examinations, proctors and examiners are required to adhere to the following standards:
  - $\circ$  The verbal instructions will be read twice for each section of the examination.
  - With the exception of verbal instructions, the proctors are **NOT** allowed to communicate with candidates.

- Examiners are **NOT** allowed to speak with candidates.
- Candidates requesting information during the examination will be told one of the following statements:
  - "Do the best you can with what you have available."
  - "Do as you were taught."
- If a candidate experiences an emergency situation, please notify the proctor by raising your hand.
- Candidates will be given time to set up the universal (also known as general) supplies they will use throughout the examination.
  - Each section of the examination has a maximum time allowance, with the exception of those specified as untimed sections.
  - Once a candidate has completed all tasks in the section, please step back or turn the hand toward the front of the room (in the case of nail sections) to indicate they have finished.
  - In the event that all candidates complete a section <u>before</u> the time has elapsed, the examiners will proceed to the next section of the examination.
  - When the timer goes off, all candidates must stop working and step back or turn the hand toward the front of the room (in the case of nail services) IMMEDIATELY.
- During all phases of the examination, candidates must follow all appropriate public protection and infection control procedures and maintain a safe work area.
  - In the event of a blood exposure incident, candidates will be expected to follow the NIC Blood Exposure Procedures.

# Failure to do so may result in your dismissal from the examination.

- Be sure to contact your examination provider to obtain the most current version of, and any addendums, to the NIC Blood Exposure Procedure, OR go to <u>www.nictesting.org</u> for a current downloadable copy.
- If a candidate does not follow infection control procedures or allows the work area to become and remain unsafe, the result may be a failing score for the examination.
- The following provides examples of materials and actions that are prohibited during the examination administration:
  - Possession of cellular phones, watches (of any kind), pagers, tablets, computers, projectors, cameras, or any other electronic or recording devices, printed materials, or handwritten notes.
  - Purses, bags, coats, hats, and any other personal items not directly needed to complete the examination, are **NOT** allowed.
  - Exhibiting disruptive behavior.
  - Communicating to other candidates or any examiner.
    - The above referenced items or actions are not an exhaustive list. Failure to comply with any of these conditions or exhibiting ANY behavior that suggests an effort to cheat will result in the immediate dismissal from the examination and the candidate's actions reported to the proper authorities.
- <u>All supplies must be labeled in English</u>. When an original manufacturer's label is required, there can be NO handwritten or any other type of labeling. Original manufacturers' labels <u>must have English</u> and may also include other languages. All non-manufacturer-created labels must be only in English.
  - Original manufacturer's labels are *required* for all disinfectants and hand sanitizers.
  - <u>EPA-registered disinfectant WIPES that demonstrate bactericidal, fungicidal, and virucidal</u> <u>properties must be used. DISINFECTANT SPRAYS ARE NOT ALLOWED IN THE TESTING</u> <u>ENVIRONMENT.</u> Please refer to the "Suggested Examination Supplies" section to see any further state specific requirements for supplies and products.
  - Simulated products are **NOT** allowed for disinfectants and hand sanitizers.
  - Aerosols are **NOT** allowed in the testing environment.
  - Candidates are to perform all tasks, utilizing products and supplies, and as they were taught. There is however, a section titled *"Suggested Examination Supplies"* provided following the "Content Domains" section of this bulletin for items that a candidate may *possibly* utilize in a section.

# SPECIAL ATTENTION

The following information is vital and specific to the NIC National Instructor Practical Examination:

For the NIC National Instructor Practical Examination, prior to the administration, you will be assigned ONE (1) topic.

You must prepare a Theory Lecture Lesson Plan and a Demonstration Lesson Plan for the assigned topic. The Theory Lecture Lesson Plan <u>MUST</u> include an explanation of the blood exposure procedure. The Demonstration Lesson Plan <u>MUST</u> include a demonstration of the blood exposure procedure.

Please note the following additional requirements:

- You must develop an <u>original</u> theory lecture <u>and</u> demonstration lesson plan.
- The lesson plans must be typed, not handwritten.
- Each lesson plan must be originally developed by you. Any lesson plan submitted that is not your original work may be considered plagiarism.
- You must bring a set of lesson plans for yourself, the proctor, and the examiner.
  - Three (3) copies of the Lecture Lesson Plan
  - Three (3) copies of the Demonstration Lesson Plan
- You will keep one (1) copy and one (1) copy will be provided to the proctor and one (1) copy to the examiner.
- It is your responsibility to bring anything you will need to complete all sections (i.e., lesson plan, theory lecture, and demonstration) of the examination. You are <u>not</u> allowed to use electronics for the theory lecture lesson or demonstration lesson.
- Candidates will be evaluated on proper designation of materials that are disposed. You are required to bring and use the following supplies for the appropriate disposal of materials:
  - Container <u>labeled</u> "to be disinfected"
  - Container <u>labeled</u> "soiled linens"
  - Container labeled "trash"
- Candidates are not allowed to label products as single-use items.
- In accordance with manufacturer's guidelines, gloves MUST be worn during disinfection procedures.

# INSTRUCTOR PRACTICAL EXAMINATION CONTENT DOMAIN SECTIONS

The scope of the National Instructor Practical Examination includes three (3) core domain services. The <u>Core</u> <u>Domain Sections</u> are based on the national job analysis.

- 1. Lesson Plan
- 2. Theory Lecture
- 3. Demonstration

# INSTRUCTOR PRACTICAL EXAMINATION TASK LINES AND VERBAL INSTRUCTIONS

# **1. LESSON PLAN**

# Proctor Verbal Instruction – Read to candidate:

"You will turn in your Classroom Theory Lecture and Demonstration lesson plans at this time. Please retain one set of lesson plans for yourself and provide the rest to the proctor. The examiner will have 10 minutes to review your lesson plans. Do nothing until the next verbal instructions are given."

# The lesson plan will be evaluated on the following elements:

- **1.1** Lesson plan introduction
- **1.2** Lesson plan content
- 1.3 Teaching aids
- 1.4 Closing

**Proctor Verbal Instruction** – Read if the timer goes off before the candidate has indicated they have completed the set up:

"We will now proceed."

# **2. THEORY LECTURE**

# **Proctor Verbal Instruction** – Read to candidate:

"You will be presenting your classroom theory lecture on \_\_\_\_\_

"You will be observed for client protection, safety, and infection control procedures throughout the examination."

"You will have 5 minutes to set up for your classroom theory lecture."

"You will be informed when you have 2 minutes remaining."

"When you are finished, please be seated until the next verbal instructions are given."

(1) "The instructions will be repeated."

(2) "You may begin."

# Candidates will be evaluated on the following tasks:

# 2.1 Sets up area for classroom theory lecture

**Proctor Verbal Instruction** – Read if the candidate has indicated they have finished before the timing has elapsed:

"The candidate has indicated they have finished. We will now proceed."

**Proctor Verbal Instruction** – Read if the timer goes off before the candidate has indicated they have finished: *"Please stop working. We will now proceed."* 

# **Proctor Verbal Instruction** – Read to candidate:

"You will now begin the classroom theory lecture."

"Your lecture must be at least 15 minutes but must not exceed 20 minutes."

"Verbally indicate to the proctor when you have finished."

"For example, I'm ready, I'm finished, or I'm done."

(1) "The instructions will be repeated."

(2) "You may begin."

Candidates will be evaluated on the following tasks:

- 2.2 Introduction to lecture
- 2.3 Content of lecture
- 2.4 Lectures on Blood Exposure Procedure
- 2.5 Use of teaching aids
- 2.6 Use of communication skills
- 2.7 Classroom interaction Evaluation of lecture
- 2.8 Closing of lecture
- 2.9 Safety and infection control

**Proctor Verbal Instruction** – Read if candidate has indicated they have completed the section before the timing has elapsed:

"The candidate has indicated they have completed this section of the examination. We will now proceed."

**Proctor Verbal Instruction** – Read if the timer goes off before the candidate has indicated they have completed the section:

"Please stop lecturing. We will now proceed."

# **3. DEMONSTRATION**

# **Proctor Verbal Instruction – Read to candidate:**

"You will be presenting your demonstration on

"You will be observed for client protection, safety, and infection control procedures."

"You will have 10 minutes to remove any materials that you no longer need from the previous section and set up for your demonstration."

"You will be informed when you have 5 minutes remaining."

"Do not begin your demonstration until instructed to do so."

"Verbally indicate to the proctor when you have finished."

"For example, I'm ready, I'm finished, or I'm done."

(1) "The instructions will be repeated."

(2) "You may begin."

# Candidates will be evaluated on the following tasks:

# **3.1** Sets up area for demonstration

**Proctor Verbal Instruction** – Read if the candidate has indicated they have finished before the timing has elapsed:

"The candidate has indicated they have finished. We will now proceed."

**Proctor Verbal Instruction** – Read if the timer goes off before the candidate has indicated they have finished: *"Please stop working. We will now proceed."* 

# Proctor Verbal Instruction – Read to candidate:

"You will now begin the demonstration." "Your demonstration must be at least 25 minutes but must not exceed 30 minutes." "Verbally indicate to the proctor when you have finished."

"For example, I'm ready, I'm finished, or I'm done."

(1) "The instructions will be repeated."

(2) "You may begin."

Candidates will be evaluated on the following tasks:

- **3.2** Introduction to demonstration
- **3.3** Content of demonstration
- **3.4 Performance of demonstration**
- 3.5 Demonstrates Blood Exposure Procedure
- 3.6 Classroom interaction
- **3.7** Closing of demonstration

**Proctor Verbal Instruction** – Read if candidate has indicated they have completed the demonstration before the timing has elapsed:

"The candidate has indicated they have completed this section of the examination. We will now proceed."

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Proctor Verbal Instruction – Read if the timer goes off before the candidate has indicated they have completed the demonstration:

"Please stop demonstration. Do nothing until the next verbal instructions are given."

# **Proctor Verbal Instruction** – Read to candidate:

"You will have 5 minutes to clean up your work area."

"You will be informed when you have 2 minutes remaining."

"You will be observed for client protection, safety, and infection control procedures."

"Verbally indicate to the proctor when you have finished."

"For example, I'm ready, I'm finished, or I'm done."

(1) "The instructions will be repeated."

(2) "You may begin."

**Candidates will be evaluated on the following tasks:** 

#### 3.8 Places items to be disinfected, soiled linens, and trash in correct containers

Proctor Verbal Instruction - Read if the candidate has indicated they have completed the clean up before the timing has elapsed: "Please do nothing until the next verbal instructions are given."

**Proctor Verbal Instruction** – Read if the timer goes off before the candidate has indicated they have completed the clean up: "Please stop working."

# CANDIDATE SUMMARY AND FINAL CLEAN UP

**Proctor Verbal Instruction** – Read to candidate at the conclusion of the examination:

"The examiner has indicated they have completed their assessment."

"Make sure that all supplies and disposable materials are taken with you."

"This concludes the National-Interstate Council of State Boards of Cosmetology Instructor Practical Examination."

"Thank you for your participation."

# SUGGESTED EXAMINATION SUPPLIES

# Suggested supply list:

- This is a list of suggested supplies for the practical examination.
- Candidates are responsible for bringing all needed materials, even if not included on this list.

# Information related to labeling of supplies:

- ALL supplies must be labeled in English
- No other languages can be present unless an original manufacturer's label is present
- Original manufacturers' labels MUST have English and may be multi-language
- All other created labels must be only English
- NO ELECTRIC OR ELECTRONIC DEVICES MAY BE UTILIZED IN ANY PORTION OF THE INSTRUCTOR EXAMINATION (i.e., projectors, computers, pad devices, etc.)

# SUGGESTED SUPPLIES

- candidate supply kit to serve as dry storage area (must be closeable)
- container labeled "items to be disinfected"
- container labeled "soiled linens"
- container labeled "trash"
- EPA-registered disinfectant wipes with manufacturer's label that demonstrates bactericidal, fungicidal and virucidal properties must be used (must be actual disinfectant wipes)
- first aid kit
- hand sanitizer and manufacturer's label (must be actual hand sanitizer)
- paper towels

# Be sure to bring any additional supplies needed to complete the examination.



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# BARBERING (BARBER STYLING, BARBER, BARBER 1)

### REFERENCES

Pivot Point Fundamentals: Barbering, (101B – 113B) ©2018 Pivot Point International, Inc. 1st Edition, 1st Printing, March 2018 ISBN 978-1-940593-96-8 Pivot Point International, Inc. www.pivot-point.com Contact: info@pivot-point.com 847-886-0500, Ext. 7399

Milady Standard Barbering 2017, 6<sup>th</sup> Edition ISBN: 9781305100558 Contact: <u>Info@Milady.com</u> <u>www.Milady.com</u>

### **BODY PIERCING**

### REFERENCES

APP Procedure Manual 2013 Edition Association of Professional Piercers <u>safepiercing.org</u> Customer Service: <u>info@safepiercing.org</u> 1.888.888.1277

The Piercing Bible March 2009 Elayne Angel http://piercingbible.com/

Milady Standard Esthetics Fundamentals + Foundations 2020, 12<sup>th</sup> Edition ISBN: 9780357263792 Contact: <u>Info@Milady.com</u> www.Milady.com

# **COSMETOLOGY & HAIR DESIGN**

# REFERENCES

*Cosmetology Career Concepts* CLIC International 2014 Pottsville, PA 17901

Copyright National-Interstate Council of State Boards of Cosmetology, Inc. References (Approved Textbooks)



This list provides the references used to develop and support the content covered in the NIC Theory and Practical examinations. The references are always the same for the Theory and Practical examinations.

Milady Standard Cosmetology + Foundations 2023, 14<sup>th</sup> Edition ISBN: 9780357871492 Contact: <u>Info@Milady.com</u> <u>www.Milady.com</u>

Pivot Point Fundamentals: Cosmetology, (101-113) ©2016 Pivot Point International, Inc. 1st Edition, 1st Printing, November 2016. ISBN 978–1-940593-56-2 Pivot Point International, Inc. www.pivot-point.com Contact: info@pivot-point.com 847-886-0500, Ext. 7399

Today's Class: Cosmetology 1, Cosmetology, 2, Basic Esthetics 1 & 2, Nail Technician 2016 Melior, Inc. <u>https://www.todaysclass.com/index.html</u> 877-224-0435

# SUPPLEMENTAL REFERENCES

Milady Standard Cosmetology 2016, 13<sup>th</sup> Edition ISBN: 9781285769417 Contact: Info@Milady.com www.Milady.com

Salon Fundamentals Cosmetology 2014, 3<sup>rd</sup> Edition, 1<sup>st</sup> Printing. September 2014 Pivot Point International, Inc. <u>www.pivot-point.com</u> Contact: info@pivot-point.com 847-886-0500, Ext. 7399

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# ELECTROLOGY

### REFERENCES

Milady's Hair Removal Techniques: A Comprehensive Manual 2004, 1<sup>st</sup> Edition ISBN: 9781401815554 Contact: Info@Milady.com www.Milady.com

Salon Fundamentals Esthetics 2013, 2<sup>nd</sup> Edition, 11<sup>th</sup> printing, 2<sup>nd</sup> Edition, August 2013 Pivot Point International, Inc. <u>www.pivot-point.com</u> Contact: info@pivot-point.com 847-886-0500, Ext. 7399

### SUPPLEMENTAL REFERENCES

Milady Standard Esthetics Fundamentals + Foundations 2020, 12<sup>th</sup> Edition ISBN: 9780357263792 Contact: Info@Milady.com www.Milady.com

Salon Fundamentals Esthetics – A Resource for Your Skin Care Career 2007, 10<sup>th</sup> printing, 2<sup>nd</sup> Edition, September 2012 Pivot Point International, Inc. <u>www.pivot-point.com</u> Contact: info@pivot-point.com 847-886-0500, Ext. 7399

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# **ESTHETICS**

# REFERENCES

Milady Standard Esthetics Fundamentals + Foundations 2020, 12<sup>th</sup> Edition ISBN: 9780357263792 Contact: Info@Milady.com www.Milady.com

*Pivot Point Fundamentals: Esthetics*, (101E – 111E) ©2020 Pivot Point International, Inc. 1st Edition, 1st Printing, December 2020 ISBN 978-1-951862-26-8 Pivot Point International, Inc. https://www.pivot-point.com/shop/ Contact: info@pivot-point.com 847-886-0500, Ext. 7399

### SUPPLEMENTAL REFERENCES

Milady Standard Advanced Esthetics 2013, 2<sup>nd</sup> Edition ISBN: 9781111139094 Contact: <u>Info@Milady.com</u> www.Milady.com

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*The Epidermal Cell Therapy Skillsbook* 2015 Author: L. Saphonia Gee, L.M.E., CIDESCO Diplomat L. Saphonia Gee

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# ESTHETICS-ADVANCED PRACTICE (AP)

### REFERENCES

Milady Standard Advanced Esthetics 2013, 2<sup>nd</sup> Edition ISBN: 9781111139094 Contact: Info@Milady.com www.Milady.com

Skin Care: Beyond the Basics 2012, 4<sup>th</sup> Edition Mark Lees Milady ISBN: 9781435487451 Contact: Info@Milady.com www.Milady.com

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Milady Standard Esthetics Fundamentals + Foundations 2020, 12<sup>th</sup> Edition ISBN: 9780357263792 Contact: Info@Milady.com www.Milady.com

*The Epidermal Cell Therapy Skillsbook* 2015 Author: L. Saphonia Gee, L.M.E., CIDESCO Diplomat L. Saphonia Gee

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### HAIR REMOVAL TECHNOLOGY (Rel. 6.1.2018) & WAX TECHNOLOGY

### REFERENCES

Milady Standard Advanced Esthetics 2013 2<sup>nd</sup> Edition ISBN: 9781111139094 Contact: <u>Info@Milady.com</u> <u>www.Milady.com</u>

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Salon Fundamentals Esthetics 2013, 2<sup>nd</sup> Edition, 11<sup>th</sup> printing, 2<sup>nd</sup> Edition, August 2013 Pivot Point International, Inc. <u>www.pivot-point.com</u> Contact: info@pivot-point.com 847-886-0500, Ext. 7399

### SUPPLEMENTAL REFERENCES

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# INSTRUCTOR

### REFERENCES

McKeachie's Teaching Tips: Strategies, Research, and Theory for College and University Teachers 2014, 14<sup>th</sup> Edition Contact: <u>Info@Milady.com</u> www.Milady.com

Milady Professional Educator 2022, 4th Edition ISBN: 9781337786836 Contact: Info@Milady.com www.Milady.com

*Mindful Teaching Pro* eBook (101.1 – 701.6) 2013 Pivot Point International, Inc. <u>www.pivot-point.com</u> Contact: info@pivot-point.com 847-886-0500, Ext. 7399

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# MANAGER

### REFERENCES

Successful Salon & Spa Management 2012, 6<sup>th</sup> Edition Contact: <u>Info@Milady.com</u> <u>www.Milady.com</u>

# SUPPLEMENTAL REFERENCES

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# NAIL TECHNOLOGY

### REFERENCES

Milady Standard Nail Technology 8<sup>th</sup> Edition + Foundations 2020, 8<sup>th</sup> Edition ISBN: 9780357446867 Contact: <u>Info@Milady.com</u> www.Milady.com

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*Nails – Exhibits of Art* 2007, 1<sup>st</sup> Edition Author: Randy Rick CLIC International 2014 Pottsville, PA 17901

Salon Fundamentals Nails 2011, 1<sup>st</sup> Edition, 7<sup>th</sup> Printing, October 2011 Pivot Point International, Inc. <u>www.pivot-point.com</u> Contact: info@pivot-point.com 847-886-0500, Ext. 7399

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# NATURAL HAIR STYLING

### REFERENCES

Milady Standard Natural Hair Care and Braiding 2014 Contact: Info@Milady.com www.Milady.com

### SUPPLEMENTAL REFERENCES

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# PERMANENT COSMETICS/MICROPIGMENTATION

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*Fundamentals of Permanent Cosmetics* 2011 Author: Conne Lord CreateSpace Independent Publishing Platform

Permanent Cosmetics: The Foundation of Fundamental Application 2018, 2<sup>nd</sup> Edition Author: Marjorie Grimm, CPCP Society of Permanent Cosmetics Professionals www.spcp.org

Permanent Makeup: Tips and Techniques 2007 Author: Pamela Hill, RN Delmar Learning Contact: Info@Milady.com www.Milady.com

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# TATTOOING

# REFERENCES

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